



Of Elegance

April-June 2017

A g e

Volume Eight

President Debra Blanch	ette
Vice President Carol Hart	
Secretary Mary Gray	
Treasurer Jean Ingrum	
Member At Large Herme Sherry	y



Performance Schedule

> July 13 — 3 PM Thursday Arrive at 2:30 PM VENTANA WINDS 12322 N 133rd Ave Youngstown, AZ

August 23— 1 PM Wednesday Arrive at 12 PM Enter Building Off 7th Street THE MADISON 18626 Spanish Garden Dr Sun City West, AZ





July 28th

August 25th

Crown Plaza Airport Banquet Room 43oo E Washington Phoenix, AZ Briarwood Country Club Patio Room 20800 N 135th Avenue Sun City West, AZ September 22nd

Radisson Phoenix Airport Hotel 427 44th Street Phoenix, AZ MARK YOUR CALENDARS:

- Shop For A Cause
- O Lov'n Life Expos
- ◊ Annual Fall Tea 21
- Leta Preparing for Nationals 18
- Ocountry Western Jamboree 5
- ♦ Thanksgiving



Retiring Board Members: Nancy Berghorst, Vice President; Jo Swaback, President; Carol Dana, Treasurer, & Pat LaRue (Not Pictured), Secretary. Herme Sherry thanking them for a job sell done.



H Little Love Goes H Long Way, H Lot Of Love Lasts Forever









Pat La Rue



In the Spotlight

In 1962, while care "cruising" with several girlfriends, I found my forever love; a handsome young man from Missouri. We became 'Mr & Mrs." in 1967 and (after 50 years) are still traveling the world together. Along this journey we acquired one daughter, a son-in-law and two grandchildren.

I lived happily in Kansas for 56 years only moving to Arizona when our daughter, who lives in Arizona, called saying she and her husband were going to have a baby.

I worked for the Environmental Protection Agency (EPA), Region VII, for 30 years. I started with the Agency as a typist and rose to the position of Grants Management Specialist. I was honored when EPA employees elected me the first President of E"PA's union the National Federation of Federal Employees Local 1205. I was elected their President for two more terms and then held various positions in the Union until I retired. It was a wonderful learning experience for me as I met and interacted with a variety of different people, all of whom had significantly diverse ideas on how THEY wanted a problem in the workplace

handled. My greatest Union accomplishment was creating negotiating and helping to implement the first ever EPA flextime policy.

1993 slapped me down with one of the greatest challenges of my life. A horrific car accident left me with a broken body and slashed from head to toe by glass particles. My recovery was slow but unwavering. Life went on enthusiastically for 21 years. However 2015 pummeled me with one blow after another with surgeries for a replacement to my hip replacement (which still had no bone), four hip dislocations and a fusion to y spine. Finally my new outlook has become: disability is a matter pf perception. I believe everyone has something about themselves that they feel is their weakness—their disability. Now I think of disability as anything which undermines my belief and confidence In my own abilities. I believe how others se me is not important but how I see myself means everything.

Lorraine Taylor





I've had many adventures. Things that may be if interest to others ae as follows:

I graduated valedictorian from high School in Tucson, Arizona in 1971. That was quite an accomplishment as I was married and had one child Stacee who was four.

I went on to the University of Arizona where I studied Political Science and Sociology, then on to Law school. My greatest regret is that I did not finish. I do plan to go back once I retire I may not practice law but I plan to graduate.

I have 3 children, 4 grandchildren and two great grandchildren. I sing in 5 different groups, stemming from my church and discovered Karaoke and I love it. Singing is a passion for me and I enjoy it.

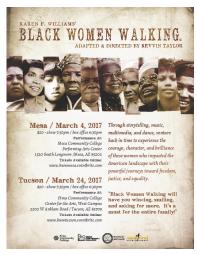
I am an actress always looking for the one big

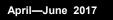
break or not. I am a cast member with the cast of Black Women Walking and a member of Seek First Entertainment and have acted in several plays in the last four years.

I volunteer at the Phoenix Gospel Rescue Mission one Friday a month singing and ministering to the men there. I

I love to shop and my passions are beautiful dresses and fabulous shoes.

I love to travel and have been to the Cayman Islands and Hawaii. My travel bucket list consists of the Greek Islands, Paris and Africa and maybe find that PRINCE. LOL!!!!!





Inthe Spotlight Continued

(from Page 5)

Dr. Gwen Murrell-Powell

- Healthcare Chaplaincy
- Founder & Director, Pastoral Care Chaplains of Color
- Certified Clinical Chaplain (Per Diem), Providence Little Company of Mary Medical Center, Long Beach, CA.

Early in my career, I worked for Continental & United Airlines in their data centers. Privileged to have traveled to many parts of the world. I later left the industry to co-found a computer technology business. Years later, my role shifted once again when I was divinely called to work as a spiritual caregiver, Founding Pastoral Care Chaplains of Color (PCCC), a nonprofit organization in Long Beach, CA. I served as Founder & Director, promoting the field of chaplaincy & recruiting new members to support it.

I lost my only daughter due to an illness in 1992. Shannon was a beautiful girl, full of wit, joy, and love. After Shannon earned her BA in 1991, she became an

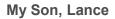
office manager in Hollywood, CA for the current United State Senator of CA, Barbara Boxer. When Shannon died, my soul died with her.

While attending church to do some soul searching, I listened to the sermon spoken by a woman who was also a chaplain at a local hospital where they offered a Clinical Pastoral Education training program. I joined the program & entered into a life changing journey of self-

discovery, I completed the training in 2009 and a new career was born.

In my current role as a Healthcare Chaplain at Providence Little Company of Mary Medical Center, I work with those in emotional crisis. I am committed to service of the soul, giving a sense of peace & comfort by compassionately caring for each patient.

I feel humbled that I am allowed to enter in to some of the most intimate experiences of peoples lives. It gives me a real sense of gratitude to know that I'm touching the lives of so many people & making a difference in the world around me.



Planting Your Cameo Garden

Plant Three Rows of peas, Peace of mind Peace of heart Peace of soul

Plant Three Rows of Lettuce, Lettuce be kind Lettuce be patient Lettuce really love one another Squash gossip Squash indifference Squash grumbling Squash selfishness be faithful **Plant Three Rows of Turnips,**

Plant Four Rows of Squash,

Turnip for meetings Turnip for service Turnip to help one another

To Complete Our Garden, Plant Thyme, Thyme for each other Thyme for family Thyme for friends

Generously water with patience and cultivate with love. Remember we reap what we sow. Don't water the weeds. Water the things you want to grow. Don't feed what you don't want. When things are tough don't feed doubt - feed your faith. You can't feed your past and feed your destiny at the same time. Don't water resentment, discouragement, anger Starve it and water your destiny and watch new beginnings and good things grow in your life. Linda Allbright



PHOTO GALLERY OF CAMEO GIRLFRIENDS



